

Suggested Menu

Beef

Beef Stew with Leeks and Beer
Beef and Cheese Manicotti
Beef Tenderloin with Stroganoff Sauce
Pinwheel Flank Steak Stuffed with
Arugula and Asiago Cheese
Southwestern Taco Pot Pie

Beef Bolognese Teriyaki Strip Steak with Stir-Fry Vegetables Balsamic Flank Steak

Salads

Walnut-Pear Salad with Cranberry Vinaigrette
Mediterranean Salad
Pecan Crusted Chicken Salad with
Honey-Mustard Dressing
Spinach, Sweet Potato, and Pecan Salad with
Goat Cheese and Warm Bacon Vinaigrette
Frisee Salad with Potato-Bacon Vinaigrette
Spinach and Blue Cheese Salad with Sliced
Apples and Spiced Caramelized Pecans
Cilantro Cucumber Salad
Southwestern Cobb Salad Quesadilla

Butternut Squash and Cider Risotto
Mushroom Tortellini with Basil-Pine nut Sauce
Creamy Orzo with Sautéed Spinach
Stuffed Potatoes with Bacon, Cheddar,
and Horseradish Sour Cream
Curried Couscous with Vegetable
Baked Sweet Potatoes with
Maple-Jalapeno Sour Cream
Mint-Basil Couscous

Sides

Braised Tarragon Carrots Gingered Butternut Squash Sage Dressing Muffins Vegetable Gratin

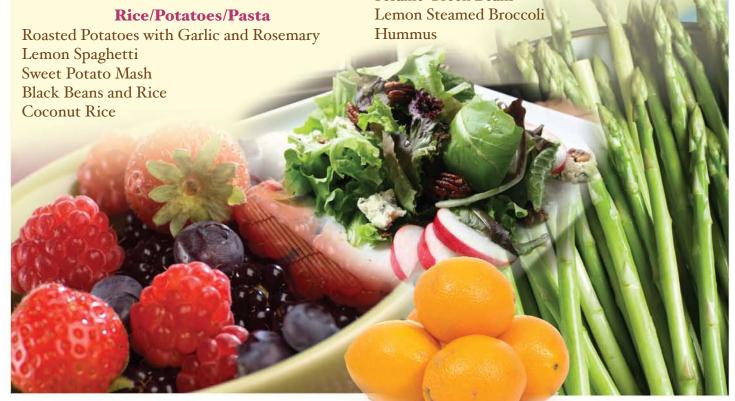
and Chives

Smashed Potatoes with Sour Cream

Apple-Cornbread Dressing Creamy Garden Succotash

Double-Dipped Onion Rings with Peach Ketchup Spicy Asian Slaw with Bell Pepper and Carrots Cheddar Biscuits

Glazed Carrots and Dill Sesame Green Beans



Pork

Garlic-Thyme Pork Tenderloin
with Creamy Cider Sauce
Fontina and Arugula
Pork Roulades
Asian Pork Tenderloin with
Spicy Asian Slaw
Pork Pomodoro
Pork and Broccoli Marsala
with Angel Hair
Mediterranean Chops
Asian Pork Tenderloin
Mushroom Pork Marsala
Caribbean Pork Bowl
Pork with Sweet Onion
Marmellata

Soups and Stews

Chicken Pot Pie Soup
Three-Mushroom Soup
Shrimp Bisque
Black Bean Soup with Spiced
Pork Kebabs
Moroccan Vegetable Stew
Tuscan Minestrone
Butternut Squash Soup
Greek Lentil Soup
Tomato and Turkey Tortellini
Beef Vegetable Barley
Stuffed Baked Potato
Gingered Carrot

Vegetarian

Black Bean and Corn Tortilla Casserole Roasted Vegetable Lasagna Eggplant Gyro Eggplant Rollatini with Goat
Cheese and Romeso Sauce
Tamale Corn Cakes with
Jalapeno Sour Cream
Potato Cakes with Zucchini
and Onion
Ziti with Four Cheeses
Black Bean Cakes with
Mexican Slaw
Italian Quesadillas
Vegetarian Thai Curry
Spinach Pesto Pasta
Roasted Vegetable Salad

Poultry

Chicken with Vodka Cream Sauce Stuffed Chicken Breasts with Sun Dried Tomato Pesto and Goat Cheese Parmesan Crusted Chicken with Sage-Butter Sauce Chili Chicken Skewers with Cilantro Pesto Turkey Swedish Meatballs Jamaican Jerk Chicken with Mango Salsa Chicken Bistro Cakes with Tomato Concasse Orange Piccata Chicken Thai Basil Chicken Chicken Kiev Raspberry Balsamic Glazed Chicken Mexican Turkey Skillet

Turkey sausage with penne, peppers, onions and spicy marinara Turkey Meatloaf with Apples, Onions and Sage with Apple

Seafood

Shrimp and Scallop Skillet with White Beans, Spinach, and Bacon Mediterranean Seafood Pie with Feta Crust Prosciutto-Wrapped Grouper with Pineapple Salsa Moroccan Sea Scallops with Tomato-Ginger Vinaigrette Fish Tacos with Apple Slaw and Lemony Tarter Sauce Salmon Cakes Cajun Shrimp Fettuccine Tilapia with Alfredo Shrimp Sauce Captain's Seafood Casserole Almond-Crusted Salmon with Leek and Lemon Cream Salmon with Parmesan Crust and Pesto Cream Sauce



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